

PARENTING CHILDREN WHO WORRY TOO MUCH

FOR PARENTS OF CHILDREN 2-12 YEARS



Come along to find out more about anxiety and strategies to help your child worry less and help your child to stay positive.

SEMINAR

Wednesday 19th FEB

Parenting Kids Who Worry

Optional follow on group runs

26th Feb 4th 11th 18th March

All sessions 6.30-8.30pm

Holy Family Primary School

143-147 Separation Street

Bell Park ,Geelong

Please book on line at www.ds.org.au A one off \$10 booking fee covers both seminar and group
If you need assistance please email sinem.celep@ds.org.au.